

We know from experience

For over 100 years, Big Brothers Big Sisters has been making a meaningful difference in the lives of young boys and girls through our organizations well-known and highly respected community based mentoring programs.

Serving as role models, big brothers and big sisters teach by example the importance of giving and giving back, of staying in school, and of having respect for family, peers, self, and community.

Witnessing the growth of a child into a confident, understanding, and motivated young person is a remarkable thing.

Walking with them into adulthood, seeing them grow into a successful, responsible member of their community and society at large can be even more satisfying. For both Big and Little, the mentoring experience becomes a life-changing relationship built on friendship, trust, and empowerment.



Applying is Easy

1 COMPLETE THE APPLICATION

Tell us about yourself in a short one page application form. Once completed you can either mail it to us or send it via email to: Mandi.lamb@bigbrothersbigsisters.ca or stop in for a visit any time Monday to Friday from 10:30am—4:30pm

2 INTERVIEW WITH CASEWORKER

Once we process your application, you will be called in for an interview that takes less than an hour. The interview is conducted with one of our case workers and allows us to get a better sense of who you are, your life experience and what you like to do for fun. The purpose is to allow us to find the right match with a Little Brother or Sister that shares similar hobbies, activities and interests.

3 ATTEND SHORT TRAINING SESSION

After the interview and completion of the reference checks, you will be given free training with one of our expert case workers. The training takes about an hour and a half and includes making healthy choices, relationships and boundaries, having a voice and choice in your life, internet safety, policies and some activity ideas for outings with your matched Little person. Our goal is to support you in being a successful mentor to a child in our community.

Be a Hero - Volunteer Today!



Start something today

Volunteering is one way. A gift of money is another. Either way, you could be starting something big. Find out more at:

www.bigbrothersbigsisters.ca/owensound

 Check us out on Facebook
@BigBrothersBigSistersOS

 Send us a message at
Caseworker@bigbrothersbigsisters.ca

LET'S START A CONVERSATION!

Looking for more information?
Give us a call today
(519) 376-4449
to speak with a Case Worker.

2nd Floor, Harmony Centre,
890—4th Ave. E., Owen Sound, ON N4K 2N7
www.bigbrothersbigsisters.ca/owensound

IMAGINE WHO THEY WILL BECOME BECAUSE OF YOU...

We believe every child that needs a mentor should have a mentor.



Big Brothers Big Sisters
of Owen Sound



"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not."
Dr. Seuss

The Mentoring Effect

Mentoring changes the course of young lives which, in turn, can change the future of communities by making them better places to work, live and thrive.

Be a Hero

For as little as one hour per week, you can have a profound impact on a young person's life. Did you know that mentored youth are 52% less likely to skip a day of school? Boys are 2 x less likely to develop negative conducts like bullying, fighting, lying, cheating or losing their tempers? Teens who engage in mentoring are 50% less likely to binge drink, abuse drugs or alcohol? Do you have an hour a week to be a hero?

Ways to get involved

- ◆ [One to One Match](#)
- ◆ [In-School Mentoring](#)
- ◆ [Big Bunch Group Activities](#)
- ◆ [Join the Board of Directors](#)
- ◆ [Fundraising Volunteer](#)
- ◆ [Event Volunteer](#)
- ◆ [Donate for Programs](#)

YOU CAN HELP A CHILD REACH THEIR FULL POTENTIAL...LET'S START SOMETHING BIG

Changing young lives can change life in our community too.

Helping children reach their full potential can lead to positive community outcomes like a reduction in poverty and unemployment, safer schools and neighborhoods, and a new generation of civic-minded adults.



Big Brother Big Sister Mentoring

The Big Brothers Big Sisters Mentoring Program provides children and youth with a role model, a friend to talk to, and someone to share the experience of growing up with. Through regular outings, a relationship is developed between the mentor and the child that is built on trust and common interests. The result is a life changing experience for both the mentor and the child.



Big Bunch Program

Imagine a group of kids and adults playing baseball, going on hikes, canoeing, or doing some woodworking together. That's what the Big Bunch program is all about. We'll plan the activities, all you have to do is show up once a month and enjoy spending time with a bunch of amazing kids.



In-school Mentoring

One mentor, one child, one hour per week; that is the basics of the program. In one hour a week, you can help a child (usually between the ages of 6 and 15) gain self-esteem, improve literacy skills, and feel like they belong to something BIG. By doing non-academic activities (playing games, talking, or doing a craft) in the school setting you will make a BIG difference in a child's life.

We believe in the value of mentoring.

Studies show that mentoring helps kids stay in school, avoid risky behavior such as bullying, and grow up having more respect for family, peers, and community.